



**PATIENT EDUCATION  
TRACHEOSTOMY CARE SET  
LF01159U  
INSTRUCTION MANUAL**



***Life/form***® Products by NASCO

## About the Simulator...



The **Life/form**® Patient Education Tracheostomy Care Set is ideal for teaching patients and caregivers the skills they will need to perform at home. The adult manikin includes oral and nasal passages, the pharynx, epiglottis, trachea esophagus, tracheostomy site, and cricoid cartilage. The mouth and jaw are flexible to allow oral suctioning. The trachea branches into the left and right bronchial trees. Students can practice suctioning techniques, proper cuff inflation, dressing changes and other techniques. Cleansing and maintenance of the external tracheal site can be performed just as on an actual patient. The infant manikin can be used to teach patients and care givers basic tracheostomy care skills.

### List of Components

1. Adult Tracheostomy Care Simulator
2. Infant Tracheostomy Care Simulator
3. Adult Tracheostomy Tube
4. Pediatric Tracheostomy Tube
5. Carrying/Storage Case
6. NASCO **Life/form**® Lubricant

### General Information about the Simulators

Procedures that may be performed on the Adult Simulator:

- Oral-pharyngeal suctioning
- Nasal tracheal suctioning
- Tracheal suctioning via tracheostomy

Procedures that can be performed on the adult and infant manikin:

- Dressing changes
- Stoma cleansing
- Changing of tracheostomy tube
- Cuff inflation
- Changing tracheostomy ties

Anatomy Present on the Adult Simulator:

- Oral Passages
- Nasal Passages
- Pharynx
- Epiglottis
- Trachea
- Esophagus
- Stoma
- Right and Left Bronchi

The simulators may be used in all methods of tracheostomy care. Individual methods and procedures may differ. Therefore this booklet does not propose to outline a particular procedure to be followed. Rather, it is recommended that a procedural manual and instructor's directions be followed. This will eliminate confusion and best serve the individual instructor and curriculum.

### Care of the Simulator

Normal surface soil can be removed with a mild soap and luke-warm water. Use REN cleaner (W09919UA) to remove stubborn stains. Simply apply the REN cleaner to the soiled area and wipe with a clean, soft paper towel.

### Cautions

1. Do not cleanse the stoma area with Betadine or any other similar, colored disinfectant. NEVER place the trainer on any kind of printed paper or plastic. These materials, as well as ballpoint pens, will transfer indelible stains. Do not use any cosmetics on the simulator.

2. With repeated use, the suctioning catheter will become soft and pliable, making it difficult to insert. You must either use a new catheter, or place the old one in a refrigerator, or on ice for a few minutes to stiffen it.

3. Heavy lubrication must be used while practicing procedures. The simulator will not function properly unless heavy lubrication is used. Use NASCO **Life/form**® Lubricant only. Do not use a water soluble lubricant.

4. Exercise the same care with this simulator as would be used with an actual patient. Excessive pressure and abuse will damage and shorten the units life.

## **Supplies Replacement Parts for the Patient Education**

### **Tracheostomy care Set**

W09919UA REN Cleaner

LF00985UA Lubricant Kit

LF1170U Adult Trachea Tube

LF1171U Pediatric Trachea Tube

## Other Available *Life/form* Simulators

- LF00698U** Adult Injectable Arm (White)  
**LF00856U** Female Catheterization  
**LF00901U** Prostate Examination  
**LF00906U** Ostomy Care  
**LF00929U** Surgical Bandaging  
**LF00957U** Enema Administration  
**LF00958U** Pediatric Injectable Arm  
**LF00961U** Intramuscular Injection  
**LF00984U** Breast Examination  
**LF00995U** Arterial Puncture Arm  
**LF00997U** Adult Injectable Arm (Black)  
**LF00999U** Pediatric Injectable Head  
**LF01008U** Intradermal Injection Arm  
**LF01012U** Heart Catheterization (TPN)  
**LF01019U** Ear Examination  
**LF01020U** Supplementary Ear Set  
**LF01025U** Male Cath-Ed I  
**LF01026U** Female Cath-Ed II  
**LF01027U** Peritoneal Dialysis  
**LF01028U** Suture Practice Arm  
**LF01036U** Spinal Injection  
**LF01053U** Cross-Sectional Anatomy, Torso, Head  
**LF01054U** Cross-Sectional Anatomy, Head  
**LF01062U** Pelvic, Normal & Abnormal  
**LF01063U** Stump Bandaging, Upper  
**LF01064U** Stump Bandaging, Lower  
**LF01069U** Cervical Effacement  
**LF01070U** Birthing Station  
**LF01082U** Cricothyrotomy  
**LF01083U** Tracheostomy Care  
**LF01084U** Sigmoidoscopic Examination  
**LF01087U** Central Venous Cannulation  
**LF01095U** Blood Pressure Arm  
**LF01108U** Intraosseous Infusion Simulator  
**LF01142U** Auscultation Trainer  
**LF01162U** Venatech IV Trainer  
**LF03000U** **CPARLENE®** Series  
**LF03601U** Adult Airway Management Trainer  
**LF03602U** Adult Airway Management on Manikin  
**LF03603U** Adult Airway Management Head Only  
**LF03609U** Child Airway Management Trainer  
**LF03610U** Child Airway Management Trainer Head Only  
**LF03611U** Child Defibrillation Chest Skin  
**LF03612U** Child IV Arm  
**LF03613U** Child Blood Pressure Arm  
**LF03614U** Child Intraosseous Infusion/Femoral Access Leg Only  
**LF03615U** Complete Child **CRiSis™** Update Kit  
**LF03616U** Child **CRiSis™** Manikin  
**LF03617U** Deluxe Child **CRiSis™** Manikin with Arrhythmia Tutor  
**LF03620U** PALS Update Kit  
**LF03621U** Infant Airway Management Trainer Head Only  
**LF03622U** Intraosseous Infusion Right Leg  
**LF03623U** Infant Airway Management Trainer  
**LF03626U** Child Femoral Access Injection Pad Replacement  
**LF03632U** Child Intraosseous Infusion/Femoral Access Leg on a Stand  
**LF03633U** Child Airway Management Trainer with Torso  
**LF03693U** **Basic Buddy** CPR Manikin  
**LF03699U** "Airway Larry" Airway Management Trainer  
**LF03720U** **Baby Buddy** Infant CPR Manikin  
**LF03953U** **CRiSis™** Manikin  
**LF03955U** Deluxe **CRiSis™** Manikin  
**LF04001U** **GERi™** Nursing Manikin  
**LF04020U** **KERi™** Nursing Manikin  
**LF04021U** **KERi™** Basic Manikin  
**LF04022U** **KERi™** Advanced Manikin  
**LF04030U** **GERi™** Advanced Manikin  
**LF04040U** **GERi™** Basic Manikin

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